



REDLYNCH PARISH COUNCIL NEWSLETTER

I hope this Newsletter finds you all in good health and in good spirits during what continues to be difficult times.

Telephone Box Book Exchanges

Due to the ongoing Government restrictions it has been decided to keep the two telephone box book exchanges closed for the time being.

The Parish Council are currently reviewing the use of the telephone boxes as book exchanges and would like to receive your feedback.

Do you use the book exchanges and would you like them to continue?

Do you think we need two book exchanges in the parish?

Do you have any suggestions for alternative uses of the boxes?

If you have any other comments please let me know.

Outdoor Fitness Equipment

At the last Parish Council meeting, the idea of installing a fitness trail in the parish was discussed. The need to ensure we all keep fit and healthy now seems even more important. Many people may no longer feel comfortable using gyms but still wish to follow a fitness routine and having pieces of fitness equipment outside, close to home, may be the answer.

The idea would be for this equipment to appeal to all ages and all differing levels of fitness. Sometimes outdoor fitness equipment can seem quite daunting as “what do you do with it”, “how am I supposed to use it” and “what if I look silly using it” – well that might just be me!!

Pieces of equipment would be chosen to assist a complete body workout (upper body, core and lower body) and ensuring instructions were available on how to use the equipment and if people found it useful, including suggested routines for all ages and abilities.

What are your thoughts?

If this type of equipment was installed, would you use it?

News from Wiltshire Council - October is Musical Tea Month

We've all been looking for creative ways to stay connected and support one another while the need for social distancing continues. Hosting a Musical Tea is a great excuse to get together, have a cuppa and cake, and share our favourite songs and memories.

We have lots of ideas for safely hosting Musical Teas, from socially distanced catch-ups in person or on the phone, to meeting up in groups over video call.

However you want to celebrate your Musical Tea, we have free resources and guidance to help you make the most of your event in a safe and enjoyable way. Register, and you'll be given access to our Musical Tea resources page where you will find email invitations, printable postcards, bunting, cake flags, colourful Zoom backgrounds, fun music activities, music-inspired recipe ideas and more.

For more information click on the link below:

https://ocm.wiltshire.gov.uk/southernwiltshire/october-is-musical-tea-month/?utm_source=rss&utm_medium=rss&utm_campaign=october-is-musical-tea-month

Salisbury Hospital - An Update

As services begin to return to normal at the hospital patients who have been referred by their GP or whose treatment was interrupted by the pandemic are being sent appointments. These appointments are being prioritised according to health need. This means those in the most urgent need of investigation or treatment are being offered the earliest appointments.

The hospital wishes to reassure patients who were on a waiting list before the COVID-19 outbreak and have not been contacted that they are still on their waiting list. However, it is likely that waiting times will be longer than is usual at the hospital. The Trust is sorry for this and for any worry this may cause patients.

Many suspended services are now open again and the Trust has introduced alternative ways to see patients. For example the hospital is using video and telephone consultations where it is appropriate to do so. These and other measures are helping to provide the care needed by patients and are helping the doctors and other clinical staff to work through waiting lists as quickly as possible.

The Trust wishes to thank patients for their understanding while staff work to restore services safely.

The Trust has produced a number of videos for the public and patients – links to these are below:

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| Help Us to Help You | https://www.youtube.com/watch?v=ViY2UId1p40 |
| Violet's treatment story | https://www.youtube.com/watch?v=_0z3fI4Ltpo |
| Keeping you safe at SDH | https://www.youtube.com/watch?v=5D_HeERtgsw |
| Laura's COVID-19 Story | https://www.youtube.com/watch?v=1w3GA13eKYY |

Urgent and essential services have continued throughout the emergency. Advice remains that anyone experiencing symptoms that are causing concern should seek medical advice. If this is the case or if you think an existing condition is getting worse or you are experiencing increasing pain, please contact your GP. Compliance with social distancing and behavioural measures continue to be important as restrictions on our personal freedoms are eased. It will help ensure hospital services can return to normal quickly and safely.

John Mangan Lead Governor and Public Governor for the New Forest 10 September 2020

I hope this Newsletter has been of interest to you and please do let me know your thoughts and comments on both the book exchanges and fitness equipment.

I would just like to finish by saying please take care and stay well.

Nicky Ashton
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